

# The Month of Fasting - Ramadan

## SUMMARY

شَهْرُ الصَّوْمِ [رَمَضَانَ]



## Summary

---

This lesson answers the following questions:

- What is Ramadan?
- What is the significance of Ramadan? And what are the virtues of Ramadan?
- Why Muslims fast during Ramadan? And how does fasting work?
- What is a typical day like during Ramadan?
- What are the benefits of fasting?
- What is the significance of charity and worship in Ramadan?
- Do you know what the Greatest Night Ever is?
- What do Muslims do at the end of Ramadan?

The summary of this blessing month can be concluded as follows:

- Fasting is one of the Five Pillars of Islam.
- Fasting helps to increase the taqwa or piety, compassion, mindfulness and more. Most of all, it helps to get closer to Allah.
- Ramadan serves as a boot camp to learn to be a better Muslim.
- Finally, There are many more things that fasting and Ramadan teach us.

Please study about Ramadan and prepare to reap the benefits of this great blessing of Allah.